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NEWS RELEASE

5K / HALF MARATHON

### September's Canada Army Run Sells Out

*More than 16,000 to walk, run or roll in 5K, half marathon events*

**OTTAWA, September 9** – Canada Army Run, acknowledged by running gurus as “the fastest growing run in Canada” has sold out for 2011. More than 16,000 are expected to run, walk or roll in the September 18<sup>th</sup> event in the nation’s capital (8,000+ in the half marathon and 8,000+ in the 5K).

Although the half marathon sold out [August 3](#) and the 5K August 22, 500 additional spots were made available August 26 for the half marathon. Those spots have also now sold out.

“Every member of the Canadian Forces takes pride in the growing popularity of this event,” said Commander of the Canadian Army [Lieutenant-General Peter Devlin](#). “Although the event was created as a way for the military to thank Canadians for their support, it has become clear that Canadians also want to thank the men and women of the Canadian Forces for all they do at home and abroad. And we sincerely appreciate that.”

The first-ever Canada Army Run, held in 2008, made Canadian history by shattering records for the largest number of entrants for an inaugural run (7,000). Since then, the run has continued to break records for growth, [last year](#) reaching 14,000. Organizers capped the run this year to ensure a safe rate of growth.

“The City of Ottawa, in collaboration with the City of Gatineau and the National Capital Commission, is delighted to host Canada Army Run Weekend, which is fast becoming one of the premiere race events in the region,” said Ottawa Mayor Jim Watson. “We look forward to welcoming participants from across the province and the country to run for a great cause and to show support for our military personnel.”

For those who missed registration, there are other ways to get involved, including the special Red Rally Friday, September 16, the [military equipment display](#), [the Sports Expo](#), and the Saturday evening [pasta dinner](#).

“But as a minimum,” says Run Director Major Luc Frenette, “come out on Sunday and cheer on the participants, including our injured and ill soldiers, who demonstrate the true spirit of ‘soldiering on’ and are an inspiration to us all.”

Fundraising efforts for Canada Army Run benefit [Soldier On](#) and the [Military Families Fund](#).

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[www.armyrun.ca](http://www.armyrun.ca)



## NEWS RELEASE – CANADA ARMY RUN

### Facts and Links

- Canada Army Run is the second largest running event in Ottawa, after Ottawa Race Weekend.
- The Canada Army Run [“Stories” blog](#) features profiles of participants.
- Selected photos from last year’s run are posted [here](#). Other photos are available by contacting [media@armyrun.ca](mailto:media@armyrun.ca).
- The Canada Army Run SitRep [newsletter](#) includes run updates and feature articles.
- Follow Canada Army Run on [Facebook](#).
- Follow Canada Army Run on [Twitter](#).
- Follow the Kandahar Air Field (KAF) Canada Army Run on [Facebook](#) and [YouTube](#).

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### About Canada Army Run

[Canada Army Run](#) is a unique running event in which Canadians run, walk, or roll side-by-side with members of the Canadian Forces in half marathon and 5K events. Launched in 2008 with 7,000 runners (a Canadian record for the largest number of entrants for an inaugural run), this event is expected to grow to become a North American destination run. Fundraising efforts benefit Soldier On and the Military Families Fund. The 2011 Canada Army Run is scheduled for Sunday, September 18.

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