



NEWS RELEASE

5K / HALF MARATHON

Kandahar Air Field (KAF) to Host Canada Army Run
Multi-national event will mirror key parts of main Ottawa event

Ottawa (September 17) – More than 600 civilians and military personnel representing multiple allied nations are expected to run tomorrow in the heat, dust and altitude of Kandahar Air Field (KAF), Afghanistan in the KAF Canada Army Run.

The KAF version of Canada Army Run mirrors many parts of the Ottawa event, but local realities dictate some adjustments. The 3rd annual KAF run, for example, happens the same day as its Canadian counterpart and fundraising efforts go to the same beneficiaries: [Soldier On](#) and the [Military Families Fund](#). However, because of limited route choices and traffic constraints, the KAF event features a 5K and 10K (no half marathon) and starts at 6:00 a.m., when temperatures are cooler and traffic is lighter. T-shirts also sport short sleeves instead of long.

“Having a KAF Canada Army Run, particularly on the same day as the run in Ottawa, is important to Canadian Forces members here in Afghanistan,” said Brigadier-General Charles Lamarre, Commander of the Mission Transition Task Force (MTTF). “There is a tangible sense of pride in the Canadian Army and our success here in Afghanistan. We are happy to be sharing that with the people who are running the event in Ottawa.”

Facts and Links

- Follow Canada Army Run on [Facebook](#).
- Follow Canada Army Run on [Twitter](#).
- Follow the KAF Canada Army Run on [Facebook](#), [YouTube](#) and [Flickr](#).

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Note to News Editors: Organizers in Canada are hoping to show video footage from the KAF run, which takes place eight and a half hours earlier than the Ottawa event, at the start of both the 5K and half marathon events in the nation’s capital. B-roll will also be available to TV outlets by request.

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